

# Consequences of High Blood Pressure

High blood pressure (HBP) is often the first domino in a chain or “domino effect” leading to consequences, like:



## STROKE

HBP can cause blood vessels in the brain to burst or clog more easily.

## VISION LOSS

HBP can damage the vessels in the eyes.



## HEART FAILURE

HBP can cause the heart to enlarge and fail to supply blood to the body.

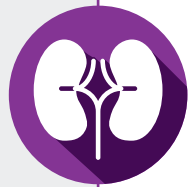
## HEART ATTACK

HBP damages arteries and causes them to narrow and stiffen.



## KIDNEY DISEASE/ FAILURE

HBP can damage the arteries in the kidneys and interfere with their ability to effectively filter blood.



## SEXUAL DYSFUNCTION

HBP can be erectile dysfunction in men or arousal dysfunction in women.

A simple **blood pressure check** is the first step to preventing the “domino effect.”

Learn more at [heart.org/BP](https://heart.org/BP).